**GROUP-1**

Ask out - Invite someone on a date.

Example: He finally asked her out after months of hesitation.

Back up - Support someone or something.

Example: I'll back you up in the meeting if you need me to.

Break down - Stop working (machinery, vehicles) or to lose control of emotions. Example: The car broke down on the highway, and we had to call for assistance.

Bring up - Raise a topic in conversation.

Example: She brought up the issue of budget cuts during the meeting.

Call off - Cancel something.

Example: They called off the picnic due to bad weather.

Calm down - Become less agitated or angry.

Example: Take a deep breath and try to calm down before you speak.

Carry on - Continue doing something.

Example: Despite the setbacks, we decided to carry on with our plans.

Check in - Register one's arrival at a hotel or airport. Example:

We need to check in at the hotel before heading out to explore.

Check out - Pay for goods and leave a hotel.

Example: We checked out of the hotel early to avoid the morning rush.

Clean up - Tidy or make something clean. Example:

Please clean up your room before your guests arrive.

Come across - Encounter or find by chance.

Example: I came across an old friend while I was shopping downtown.

Come up with - Think of an idea or solution.

Example: We need to come up with a plan before the deadline.

Cut down - Reduce in size or amount.

Example: I'm trying to cut down on my caffeine intake.

Do away with - Eliminate or get rid of something.

Example: The company decided to do away with its outdated policies.

Doze off - Fall asleep unintentionally.

Example: I dozed off during the boring presentation.

Drop off - Deliver or deposit something.

Example: Can you drop off the package at the post office on your way home?

End up - Eventually reach or come to a specified place, situation, or result.

Example: We got lost and ended up at the wrong party.

Fall apart - Break into pieces, or to fail suddenly.

Example: The old chair fell apart when I sat on it.

Figure out - Solve or understand something.

Example: It took me a while to figure out how to use the new software.

Get along - Have a good relationship with someone.

Example: Despite their differences, they managed to get along well.

Get away - Escape or go on a vacation.

Example: We need to get away from the city and relax for a while.

Get over - Recover from an illness or emotional distress.

Example: It took her months to get over her breakup.

Give up - Quit or surrender.

Example: Don't give up on your dreams, keep striving for success.

Go through - Experience or endure.

Example: She's going through a difficult time after losing her job.

Go with - Choose or agree to something.

Example: I think we should go with option B for the project.

Grow up - Mature or become an adult.

Example: He needs to grow up and start taking responsibility for his actions.

Hand out - Distribute something.

Example: The teacher handed out worksheets to the students.

Hang out - Spend time with friends.

Example: We usually hang out at the café on weekends.

Hold on - Wait or pause.

Example: Please hold on while I transfer your call to the appropriate department.

Keep up - Maintain or continue at the same pace.

Example: She finds it challenging to keep up with her colleagues' productivity.

Look after - Take care of someone or something.

Example: She looks after her younger siblings while her parents are at work.

Look for - Search for something.

Example: I'm looking for my keys; have you seen them anywhere?

Look forward to - Anticipate with pleasure.

Example: I'm looking forward to meeting you next week.

Make up - Create, invent, or reconcile.

Example: They made up after their argument and apologized to each other.

Pass away - Die.

Example: Her grandmother passed away peacefully in her sleep.

Pick up - Lift or collect something.

Example: Can you pick up some groceries on your way home?

Point out - Draw attention to something.

Example: He pointed out the mistake in the report during the meeting.

Put off - Postpone or delay.

Example: We decided to put off the meeting until next week.

Run out of - Exhaust the supply of something.

Example: We've run out of milk; we need to buy some more.

Set up - Arrange or establish something.

Example: They set up a meeting to discuss the project.

Show up - Arrive or appear.

Example: He promised to come to the party, but he didn't show up.

Take off - Remove clothing or to become successful quickly.

Example: The plane is about to take off; please fasten your seatbelts.

Take out - Remove something from a place.

Example: She took out her wallet to pay for the groceries.

Think over - Consider or reflect on something.

Example: Take some time to think over the job offer before making a decision.

Throw away - Discard or dispose of something.

Example: Don't throw away those old magazines; I can use them for crafting.

Try on - Put on clothing to see if it fits or looks good.

Example: She tried on several dresses before choosing one for the party.

Turn down - Reject or refuse.

Example: Unfortunately, they turned down my job application.

Turn up - Increase the volume or to appear unexpectedly.

Example: Can you turn up the music? It's too quiet.

Wait up - Stay awake until someone returns.

Example: I told my parents to wait up for me; I'll be home late tonight.

Work out - Exercise or resolve a problem.

Example: He works out at the gym every morning before work.

**GROUP-2**

Add up - Make sense; be logical.

Example: The evidence doesn't add up; something doesn't seem right.

Back out - Withdraw from an agreement or commitment.

Example: He promised to help, but he backed out at the last minute.

Bear with - Be patient or tolerate.

Example: Bear with me for a moment while I find the information you need.

Blow up - Explode or become angry.

Example: The balloon blew up suddenly, startling everyone in the room.

Bring about - Cause something to happen.

Example: The new policies brought about significant changes in the organization.

Brush up on - Improve one's knowledge or skills in a particular area.

Example: I need to brush up on my Spanish before our trip to Mexico.

Build up - Increase or accumulate over time.

Example: He's been building up his savings for years to buy a house.

Butt in - Interrupt rudely or intrude into someone else's conversation.

Example: Please don't butt in while I'm talking to someone else.

Call for - Require or demand something.

Example: The situation calls for immediate action.

Carry out - Perform or complete a task or action.

Example: We need to carry out the experiment according to the instructions.

Catch on - Understand or become popular.

Example: It took her a while to catch on to the new software.

Come across as - Seem or appear to be.

Example: He comes across as very confident in interviews.

Count on - Rely on or trust someone or something.

Example: You can count on me to help you with the project.

Cut off - Disconnect or isolate someone or something.

Example: The storm cut off power to the entire neighborhood.

Die down - Become less intense or widespread.

Example: The protests eventually died down after several weeks.

Drop by - Visit someone informally or briefly.

Example: Feel free to drop by my office if you have any questions.

Fall back on - Use as a last resort.

Example: If the plan fails, we can fall back on our original strategy.

Figure on - Plan or expect something.

Example: We didn't figure on such a large turnout for the event.

Fill out - Complete a form or document by providing information.

Example: Please fill out this application form and return it to the front desk.

Find out - Discover or learn something.

Example: I finally found out the truth about what happened that night.

Get across - Communicate or make understood.

Example: It's important to find the right words to get your message across.

Give in - Surrender or yield to pressure or temptation.

Example: Despite his resistance, he eventually gave in and agreed to the terms.

Go over - Review or examine carefully.

Example: Let's go over the details of the contract one more time.

Grow on - Become more appealing or likable over time.

Example: At first, I didn't like the song, but it grew on me after a while.

Hand in - Submit or turn in something.

Example: Please hand in your assignments at the end of the class.

Hang up - End a phone call by putting the receiver down.

Example: I'll hang up now; let's continue this conversation later.

Hold back - Restrain or keep someone or something from advancing.

Example: Don't hold back; speak your mind during the meeting.

Keep on - Continue doing something persistently.

Example: Despite the challenges, she kept on pursuing her dreams.

Let down - Disappoint someone by failing to meet their expectations.

Example: I hate to let you down, but I won't be able to make it to the party.

Look up - Search for information in a reference source.

Example: If you don't know the meaning of a word, you can look it up in the dictionary.

Make out - Discern or understand something, usually with difficulty.

Example: It was dark, but I could just make out the outline of the building.

Pass out - Lose consciousness or distribute something.

Example: He passed out from exhaustion after working for hours without a break.

Pay back - Repay money that is owed.

Example: I'll pay you back as soon as I get my next paycheck.

Pull off - Achieve something successfully, often despite difficulties.

Example: She managed to pull off the event despite the short notice.

Put on - Wear clothing or to stage a performance.

Example: He put on his coat before heading out into the cold.

Run into - Encounter someone unexpectedly.

Example: I ran into an old friend at the grocery store yesterday.

Settle down - Calm down or establish a stable lifestyle.

Example: After years of traveling, he finally decided to settle down and start a family.

Show off - Display one's abilities or possessions in a boastful manner.

Example: He's always showing off his new gadgets to impress his friends.

Stand by - Support or be ready to support someone.

Example: I'll stand by you no matter what decision you make.

Take after - Resemble or have similar characteristics to a family member.

Example: She takes after her mother; they both have a talent for music.

Take in - Understand or absorb information.

Example: It's a complex concept, but I think I've taken it in.

Throw up - Vomit or produce something quickly.

Example: The food didn't agree with him, and he ended up throwing up.

Turn off - Switch off or to make someone feel uninterested or repelled.

Example: Can you turn off the lights before you leave the room?

Turn on - Switch on or to cause someone to become interested or excited.

Example: The music turned on automatically when he entered the room.

Wake up - Stop sleeping or to make someone aware of something.

Example: I usually wake up early in the morning to go for a run.

Wear out - Make something unusable through overuse or exhaustion.

Example: The constant running has worn out the soles of my shoes.

Work on - Focus effort or attention on improving something.

Example: I need to work on my presentation skills before the conference.

Write down - Record information on paper or in a document.

Example: Don't forget to write down the important points from the meeting.

Zip up - Close a zipper or to increase security or privacy.

Example: She quickly zipped up her jacket to keep out the cold wind.

Zoom in - Focus or enlarge an image or to examine something closely.

Example: You can use the zoom feature on the camera to zoom in on distant objects.

**GROUP-3**

Ask for - Request something.

Example: She asked for a raise after completing a successful project.

Blow over - Pass without causing lasting damage.

Example: The argument between them blew over after a few days.

Break in - Enter a building forcibly or to wear something until it becomes comfortable. Example: Burglars attempted to break in while the family was away.

Bring down - Reduce or cause something to fall.

Example: The new policies aim to bring down unemployment rates.

Call up - Telephone someone.

Example: I'll call up the restaurant and make a reservation.

Carry away - Become excessively excited or emotional.

Example: She was carried away by the emotion of the moment.

Check up on - Monitor or verify someone or something.

Example: I need to check up on the progress of the project.

Clean out - Remove dirt or clutter or to exhaust resources.

Example: We cleaned out the garage over the weekend.

Come by - Visit or obtain something.

Example: Can I come by your office later to discuss the project?

Count out - Exclude someone or something from consideration.

Example: He was counted out of the competition due to his injury.

Do up - Fasten or decorate something.

Example: She did up her hair for the party.

Draw up - Create or prepare something, usually a document.

Example: The lawyers will draw up the contract for the business deal.

Fall through - Fail to happen or be completed.

Example: Our plans to go camping fell through due to bad weather.

Figure on - Include or take into account something.

Example: We didn't figure on the unexpected expenses.

Fill in - Complete a form or provide missing information.

Example: Please fill in your contact details on the form.

Find out - Discover or learn something.

Example: I need to find out what time the train leaves.

Give away - Donate or reveal something unexpectedly.

Example: They gave away all their old clothes to charity.

Go along with - Agree or support someone or something.

Example: I decided to go along with their plan despite my doubts.

Grow out of - Gradually develop or lose interest in something.

Example: He grew out of his childhood fear of the dark.

Hand over - Surrender or transfer something to someone.

Example: The suspect was required to hand over his weapon to the police.

Hang around - Spend time in a place without any specific purpose.

Example: Teenagers often hang around the mall on weekends.

Hold back - Restrain or inhibit someone or something.

Example: He held back his tears during the emotional speech.

Keep back - Retain or withhold something.

Example: Please keep back some of the food for later.

Let on - Reveal or disclose something, often unintentionally.

Example: She didn't let on that she knew about the surprise party.

Look forward to - Anticipate or eagerly await something.

Example: I'm looking forward to the weekend getaway.

Make off - Leave hurriedly or steal something.

Example: The thief made off with the valuable artwork.

Pass around - Distribute something among a group of people.

Example: Please pass around the snacks to everyone in the room.

Pick out - Choose or select something from a group.

Example: She picked out a dress for the special occasion.

Play down - Minimize or make something seem less important.

Example: The company tried to play down the impact of the layoffs.

Pull through - Recover from a difficult situation or illness.

Example: With proper treatment, he should be able to pull through.

Put forward - Propose or suggest something for consideration.

Example: She put forward a new idea for increasing productivity.

Put off - Postpone or delay something.

Example: Let's put off the meeting until next week.

Run over - Collide with or exceed a time limit.

Example: The car ran over a small animal on the road.

See through - Recognize the true nature of someone or something.

Example: I can see through his lies; he's not being honest.

Set off - Begin a journey or to trigger something.

Example: They set off early in the morning to avoid traffic.

Shake off - Rid oneself of something or someone.

Example: It's difficult to shake off a bad habit.

Show up - Attend or arrive, often unexpectedly.

Example: He promised to show up at the party, but he never did.

Stand up for - Defend or support someone or something.

Example: She always stands up for what she believes in.

Take apart - Dismantle or criticize something in detail.

Example: He took apart the argument with compelling evidence.

Take down - Remove something or record information.

Example: Can you take down the notes during the meeting?

Tear up - Destroy or shred something, usually paper.

Example: She tore up the letter after reading it.

Think up - Devise or come up with something.

Example: We need to think up a solution to this problem.

Throw off - Distract or confuse someone.

Example: The sudden noise threw off his concentration.

Track down - Locate or find someone or something after searching.

Example: It took years, but they finally tracked down the missing painting.

Try out - Test or experiment with something.

Example: She decided to try out the new restaurant in town.

Turn around - Change direction or attitude.

Example: The Company experienced a turnaround after hiring a new CEO.

Turn in - Go to bed or submit something.

Example: I'm exhausted; I think I'll turn in early tonight.

Wake up - Stop sleeping or cause someone to become aware of something.

Example: The alarm clock woke him up at 6 am.

Warm up - Increase in temperature or prepare for physical activity.

Example: It's important to warm up before exercising to prevent injury.

Wear off - Diminish or decrease gradually over time.

Example: The effects of the medication will wear off after a few hours.

**GROUP-4**

Act up - Misbehave or malfunction.

Example: The computer started acting up right before the presentation.

Back down - Withdraw or yield in a disagreement.

Example: He refused to back down in the face of opposition.

Break out - Start suddenly, often referring to something negative.

Example: A fire broke out in the kitchen, forcing everyone to evacuate.

Brush aside - Disregard or ignore something.

Example: She brushed aside his concerns and continued with her plan.

Call out - Publicly criticize or challenge someone.

Example: The coach called out the player for his lack of effort during the game.

Carry over - Transfer or extend something to a later time or situation.

Example: Unused vacation days can often be carried over to the next year.

Check over - Examine or inspect something carefully.

Example: Make sure to check over your work before submitting it.

Clear up - Resolve or clarify a misunderstanding or problem.

Example: Let's have a meeting to clear up any confusion about the new policy.

Close down - Shut permanently or temporarily, usually referring to a business.

Example: The restaurant had to close down due to a lack of customers.

Come along - Progress or develop in a positive manner.

Example: How is the project coming along? Do you need any assistance?

Count in - Include someone or something in a plan or calculation.

Example: We can count in Tom for the team project; he's very reliable.

Cut in - Interrupt or intervene in a conversation or activity.

Example: She cut in while we were discussing our vacation plans.

Deal with - Handle or manage a situation or problem.

Example: I'll deal with the customer complaints as soon as possible.

Die out - Become extinct or gradually disappear.

Example: Unfortunately, many species are dying out due to habitat loss.

Drop off - Decrease or decline in amount or quality.

Example: Sales tend to drop off during the winter months.

Fall back - Retreat or move to a previous position.

Example: The soldiers had to fall back when the enemy advanced.

Fall in - Collapse inward or conform to a particular formation.

Example: The roof fell in during the storm, causing extensive damage.

Fill up - Become full or to make something full.

Example: The gas tank is almost empty; we need to fill up soon.

Find out - Discover or obtain information.

Example: I need to find out where the nearest post office is located.

Get away with - Escape punishment for wrongdoing.

Example: He thought he could get away with cheating on the test, but he was caught.

Get by - Manage to survive or cope with a difficult situation.

Example: It's tough, but we'll get by with what we have.

Give in - Surrender or yield to pressure or persuasion.

Example: After hours of negotiation, they finally gave in to our demands.

Go ahead - Proceed or continue with something.

Example: If everyone is ready, we can go ahead and start the presentation.

Grow apart - Drift away or become distant from someone.

Example: As they grew older, they gradually grew apart and lost touch.

Hang up - Suspend or end a telephone call.

Example: Please don't hang up; I have an important message for you.

Hold back - Hesitate or refrain from doing something.

Example: Don't hold back; speak your mind during the discussion.

Keep out - Prevent someone or something from entering a place.

Example: The fence is designed to keep out intruders.

Let in - Allow someone or something to enter a place.

Example: Can you let in some fresh air? It's stuffy in here.

Look back - Reflect on the past or reminisce.

Example: As I look back on my childhood, I realize how much has changed.

Make up - Reconcile or invent a story or excuse.

Example: They made up after their argument and apologized to each other.

Pass out - Distribute something to a group of people.

Example: The teacher passed out worksheets for the students to complete.

Pick up - Improve or recover, often referring to health.

Example: I'm starting to pick up after being sick for a week.

Play up - Exaggerate or emphasize something, often for dramatic effect.

Example: The media tends to play up the negative aspects of the situation.

Pull apart - Separate or dismantle something into its component parts.

Example: The mechanic had to pull apart the engine to diagnose the problem.

Put down - Depress or belittle someone or something.

Example: Don't put yourself down; you're capable of achieving great things.

Run into - Encounter or meet someone unexpectedly.

Example: I ran into an old friend at the grocery store yesterday.

Set off - Start a journey or trigger something.

Example: They set off on their trip early in the morning.

Show off - Display one's abilities or possessions proudly.

Example: He's always showing off his new car to impress his friends.

Stand out - Be noticeably different or conspicuous.

Example: Her talent for singing really makes her stand out from the crowd.

Take up - Begin or start a hobby, activity, or cause.

Example: She decided to take up painting in her spare time.

Think over - Consider or reflect on something carefully.

Example: Let me think over your proposal, and I'll get back to you tomorrow.

Throw up - Vomit or eject the contents of one's stomach.

Example: The food didn't agree with him, and he ended up throwing up.

Turn away - Refuse admittance or reject someone or something.

Example: The club turned away anyone without a valid ID.

Turn back - Reverse direction or return to a previous position.

Example: Due to the storm, we had to turn back and abandon our hike.

Wake up - Stop sleeping or cause someone to become alert or aware.

Example: I usually wake up early on weekends to enjoy the sunrise.

Warm up - Increase in temperature or prepare for physical activity.

Example: Let's warm up before we start our workout routine.

Wear off - Gradually disappear or diminish in intensity.

Example: The effects of the medication will wear off in a few hours.

Work out - Exercise or resolve a problem through effort or negotiation.

Example: They need to work out their differences before they can move forward.

Write down - Record or transcribe information.

Example: Don't forget to write down the details of the meeting.

Zip up - Close or fasten a zipper.

Example: She quickly zipped up her jacket to keep out the cold wind.

**GROUP-5**

Act out - Express one's feelings or emotions through behavior.

Example: The child acted out when he didn't get what he wanted.

Back up - Make a copy of data or support someone in an argument.

Example: Make sure to back up your important files regularly.

Break up - End a relationship or separate into smaller parts.

Example: They decided to break up after years of dating.

Bring in - Introduce or earn money.

Example: The new manager plans to bring in some changes to the company.

Call back - Return a phone call or request someone to return.

Example: I'll call back later when I have more information.

Carry on - Continue or proceed with an activity.

Example: Despite the challenges, they decided to carry on with the project.

Check off - Mark an item on a list as completed.

Example: Check off each task as you finish it.

Clear out - Remove clutter or leave a place quickly.

Example: We need to clear out the attic before we move.

Come along - Accompany someone or make progress.

Example: How is your project coming along?

Count on - Rely or depend on someone.

Example: You can count on me to help you with the move.

Cut back - Reduce or decrease something.

Example: We need to cut back on our expenses to save money.

Deal out - Distribute cards in a game or administer punishment.

Example: The dealer dealt out the cards to the players.

Die off - Decrease in number or become extinct.

Example: Several species have died off due to habitat destruction.

Drop by - Visit someone casually or briefly.

Example: Feel free to drop by my office anytime.

Fall behind - Fail to keep up with others or be late with payments.

Example: She fell behind in her studies after getting sick.

Fall out - Have a disagreement or fallout with someone.

Example: They fell out over a misunderstanding.

Fill in - Provide missing information or substitute for someone.

Example: Please fill in the missing details on the form.

Find out - Discover or learn something new.

Example: I need to find out the time of the meeting.

Get along - Have a good relationship or manage to proceed.

Example: Despite their differences, they managed to get along.

Give away - Donate or reveal something unintentionally.

Example: She gave away all her old clothes to charity.

Go after - Pursue or chase someone or something.

Example: He decided to go after his dream of becoming an artist.

Grow into - Develop or mature into something.

Example: She's growing into a confident young woman.

Hand in - Submit or give something to someone in authority.

Example: Please hand in your assignments by Friday.

Hang up - End a phone call by replacing the receiver.

Example: I'll hang up now and call you back later.

Hold on - Wait or maintain a grip or position.

Example: Hold on tight; the ride is about to start.

Keep away - Stay at a distance or avoid someone or something.

Example: Keep away from the edge of the cliff.

Let down - Disappoint someone by failing to meet their expectations.

Example: I hate to let you down, but I can't make it to the party.

Look on - Observe without participating or have a particular opinion.

Example: I looked on as they danced in the rain.

Make up - Reconcile or invent a story.

Example: They made up after their argument.

Pass on - Transfer or relay something to someone else.

Example: Can you pass on the message to your brother?

Pick out - Choose or select from a group.

Example: She picked out a dress for the party.

Play down - Minimize or make something seem less important.

Example: The company tried to play down the impact of the incident.

Pull through - Recover from a difficult situation or illness.

Example: With proper treatment, she should be able to pull through.

Put down - Depress or kill an animal or write down information.

Example: They had to put down their sick dog.

Ring up - Call someone or register a sale on a cash register.

Example: I'll ring up the customer and process the payment.

Set up - Arrange or establish something.

Example: They set up a meeting to discuss the project.

Show around - Guide someone on a tour of a place.

Example: I'll show you around the campus.

Stand up - Fail to keep an appointment or support someone.

Example: He stood me up on our date last night.

Take down - Remove or dismantle something.

Example: They need to take down the old building.

Think through - Consider carefully or think about all aspects of something.

Example: Before making a decision, you should think it through.

Throw away - Dispose of or discard something.

Example: Don't throw away that old book; I can donate it.

Try out - Test or experiment with something new.

Example: She decided to try out for the basketball team.

Turn around - Change direction or reverse a negative trend.

Example: The company managed to turn around its fortunes.

Turn off - Switch off or cause someone to lose interest.

Example: Can you turn off the lights when you leave?

Warm up - Increase in temperature or prepare for physical activity.

Example: Let's warm up before we start the exercise routine.

Wear out - Use something until it is no longer functional or cause someone to become exhausted.

Example: He wore out his shoes from walking so much.

Wipe out - Remove completely or eliminate something.

Example: The tsunami wiped out entire villages along the coast.

Work out - Exercise or resolve a problem.

Example: I need to work out at the gym to stay in shape.

Write up - Write a report or complete a written document.

Example: I'll write up the meeting minutes and distribute them to everyone.

Zoom in - Focus or enlarge an image or to examine something closely.

Example: You can use the zoom feature on the camera to zoom in on distant objects**.**

**GROUP-6**

Act upon - Take action in response to something.

Example: The government decided to act upon the recommendations of the committee.

Back out - Withdraw from a commitment or agreement.

Example: He backed out of the deal at the last minute, leaving us in a difficult situation.

Bear out - Support or confirm the truth of something.

Example: The evidence presented in court bore out the defendant's alibi.

Blow away - Impress or astonish someone greatly.

Example: Her performance in the audition blew away the judges.

Break in - Wear something until it becomes comfortable.

Example: These shoes are new; I need to break them in before they stop hurting my feet.

Bring forward - Move a scheduled event or meeting to an earlier time.

Example: Due to the urgency of the matter, we decided to bring forward the board meeting.

Brush off - Dismiss or ignore someone or something casually.

Example: He tried to warn her about the dangers, but she brushed him off.

Call in - Ask someone to come to a place, especially for professional advice or assistance.

Example: We had to call in a plumber to fix the leaky pipes.

Carry on - Continue with an activity or action.

Example: Despite the setbacks, we need to carry on and finish the project.

Catch on - Understand or grasp something, often a trend or concept.

Example: It took him a while, but he finally caught on to the new software.

Check out - Examine or investigate something or to leave a place.

Example: I'll check out the report and get back to you with my findings.

Clear up - Improve or resolve a situation, often involving confusion or uncertainty.

Example: Let's try to clear up any misunderstandings before they escalate.

Close in - Approach or surround someone or something from all sides.

Example: As the storm clouds closed in, we hurried to find shelter.

Come up with - Produce or provide an idea, plan, or solution.

Example: We need to come up with a new marketing strategy to attract customers.

Count upon - Rely or depend on someone or something.

Example: You can count upon me to support you during this difficult time.

Cut off - Interrupt communication or isolate someone or something.

Example: The phone call was cut off before I could finish my sentence.

Die down - Gradually become less intense or active.

Example: The protests outside the building died down after the police arrived.

Drop off - Deliver or leave someone or something at a destination.

Example: I'll drop off the package at the post office on my way to work.

Fall behind - Fail to keep pace with others or complete tasks on time.

Example: She fell behind in her studies after falling ill for a week.

Fall through - Fail to happen or be completed as planned.

Example: Our plans to go on vacation fell through due to budget constraints.

Figure out - Understand or solve a problem or mystery.

Example: It took me a while to figure out the solution to the puzzle.

Fill in - Complete a form or provide missing information.

Example: Please fill in your name and address on the registration form.

Find out - Discover or obtain information about something.

Example: I need to find out what time the movie starts.

Get across - Communicate or make something understood.

Example: It's important to find the right words to get your message across.

Give in - Yield or surrender to pressure or persuasion.

Example: Despite his initial reluctance, he eventually gave in and agreed to the terms.

Go back - Return to a previous point or time.

Example: Let's go back to the beginning and start over.

Hand out - Distribute something to a group of people.

Example: The teacher handed out worksheets for the students to complete.

Hang out - Spend time relaxing or socializing with friends.

Example: We used to hang out at the local coffee shop after school.

Hold on - Wait for a short time or maintain a grip or position.

Example: Hold on tight; the roller coaster is about to start.

Keep up - Maintain the same pace or level as others.

Example: It's hard to keep up with all the changes happening in the industry.

Let off - Excuse or release someone from blame or punishment.

Example: The judge decided to let off the first-time offender with a warning.

Look up - Search for information in a reference source.

Example: If you don't know the meaning of a word, you can look it up in the dictionary.

Make out - Discern or understand something, often with difficulty.

Example: It was dark, but I could just make out the silhouette of the building.

Pass away - Die or cease to exist.

Example: Our beloved grandmother passed away peacefully in her sleep.

Pick up - Lift or take someone or something from a place.

Example: Can you pick up some groceries on your way home from work?

Play around - Experiment or engage in activities without seriousness.

Example: Stop playing around and focus on your studies.

Put off - Postpone or delay an event or action.

Example: Let's put off the meeting until next week when everyone can attend.

Put up with - Tolerate or endure something unpleasant or annoying.

Example: I can't put up with his constant complaining anymore.

Run out - Exhaust or deplete the supply of something.

Example: We ran out of milk, so I need to go to the store and buy some.

Set off - Start a journey or trip.

Example: We'll set off early in the morning to avoid traffic.

Show up - Arrive or appear, especially when expected or required.

Example: He promised to show up at the party, but he never did.

Stand out - Be noticeably different or better than others.

Example: Her talent for singing really makes her stand out from the crowd.

Take after - Resemble or have similar characteristics to a family member.

Example: She takes after her mother; they both have a talent for cooking.

Think over - Consider or reflect on something carefully.

Example: I need some time to think over your offer before making a decision.

Throw away - Dispose of something, usually as garbage or waste.

Example: Don't throw away that old book; I can donate it to the library.

Try on - Put on a garment to see if it fits or looks good.

Example: She tried on several dresses before choosing the perfect one for the party.

Turn off - Switch off or deactivate a device or source of power.

Example: Don't forget to turn off the lights before leaving the room.

Use up - Consume or exhaust the supply of something.

Example: We've used up all the paint; we need to buy more.

Wait on - Serve someone in a restaurant or attend to their needs.

Example: The waiter waited on us attentively throughout the meal.

Work out - Exercise or find a solution to a problem.

Example: Let's work out together at the gym tomorrow morning.

**GROUP-7**

Act out - Express one's emotions or impulses through behavior.

Example: The child acted out in frustration when he couldn't find his toy.

Back off - Retreat or move away from a confrontation.

Example: He backed off when he realized he was outnumbered.

Break down - Fail or cease to function, especially due to a mechanical failure.

Example: The car broke down on the highway, and we had to call for assistance.

Bring up - Raise a topic for discussion or mention someone or something.

Example: She brought up the issue during the meeting.

Call off - Cancel an event or activity.

Example: Due to the bad weather, they had to call off the outdoor concert.

Carry out - Complete or perform a task or action.

Example: The scientists carried out experiments to test their hypothesis.

Check in - Register one's arrival at a hotel or airport.

Example: We need to check in at the hotel before 3:00 PM.

Clear away - Remove or tidy up items, especially after a meal or event.

Example: After dinner, they cleared away the dishes and washed them.

Come across - Encounter or find something unexpectedly.

Example: I came across an interesting book while browsing at the bookstore.

Count out - Exclude or eliminate someone or something from consideration.

Example: Unfortunately, her lack of experience counted her out for the job.

Cut down - Reduce the amount or frequency of something.

Example: He decided to cut down on sugary snacks to improve his health.

Deal out - Distribute or hand out something, especially cards in a game.

Example: The dealer dealt out the cards to each player.

Die down - Subside or become less intense.

Example: The noise from the construction work eventually died down.

Draw up - Prepare or create a plan, document, or agreement.

Example: The lawyers will draw up a contract for the business deal.

Drop off - Deliver or leave someone or something at a specific location.

Example: Can you drop off the package at the post office on your way home?

Fall apart - Disintegrate or collapse physically or emotionally.

Example: The old house was falling apart; it needed extensive repairs.

Fall out - Have a disagreement or argument with someone.

Example: They fell out over money and stopped speaking to each other.

Fill out - Complete a form or document by providing required information.

Example: Please fill out this application form and return it to us.

Find out - Discover or obtain information about something.

Example: I need to find out what time the movie starts.

Get across - Communicate or make something understood.

Example: She struggled to get her point across during the presentation.

Give back - Return something to its rightful owner.

Example: I need to give back the book I borrowed from the library.

Go over - Review or examine something in detail.

Example: Let's go over the plan one more time before the meeting.

Hand down - Pass or transmit something to the next generation.

Example: The family heirloom was handed down from generation to generation.

Hang up - End a phone call by replacing the receiver.

Example: I'll hang up now and call you back later.

Hold on - Wait or pause for a short time.

Example: Please hold on; I'll be with you in a moment.

Keep up - Maintain the same pace or level as others.

Example: It's hard to keep up with the latest technology trends.

Let down - Disappoint someone by failing to meet their expectations.

Example: I hate to let you down, but I can't make it to the party.

Look after - Take care of or be responsible for someone or something.

Example: She promised to look after her friend's pets while she was away.

Make up - Reconcile or resolve a disagreement with someone.

Example: They made up after their argument and apologized to each other.

Pass out - Lose consciousness or distribute something to a group.

Example: The heat was so intense that several people passed out during the ceremony.

Pick up - Lift or collect someone or something from a place.

Example: I'll pick up the groceries on my way home from work.

Play around - Experiment or engage in activities without seriousness.

Example: Stop playing around and focus on your studies.

Pull off - Achieve or accomplish something successfully, especially despite difficulties.

Example: Despite the odds, they managed to pull off a surprise victory.

Put on - Wear clothing or gain weight.

Example: She put on her favorite dress for the special occasion.

Ring up - Record a sale on a cash register or call someone on the phone.

Example: The cashier will ring up your purchases at the register.

Set up - Arrange or organize something, typically a system or situation.

Example: They set up a meeting to discuss the new project.

Show off - Display one's abilities, possessions, or achievements proudly.

Example: He's always showing off his expensive gadgets to impress others.

Stand up - Fail to keep an appointment with someone.

Example: He stood me up on our date last night.

Take back - Retrieve or retract something said or given.

Example: I want to take back the hurtful things I said during our argument.

Think up - Invent or devise something, typically a creative solution or idea.

Example: We need to think up a plan to attract more customers to the store.

Throw out - Dispose of something, typically as garbage or waste.

Example: Don't throw out those old magazines; I can recycle them.

Try on - Put on clothing to see if it fits or looks good.

Example: She tried on several dresses before finding the perfect one.

Turn around - Reverse a negative situation or trend.

Example: With hard work and dedication, he was able to turn around his failing business.

Turn down - Reject or decline an offer, request, or opportunity.

Example: She turned down the job offer because the salary was too low.

Use up - Consume or deplete the supply of something.

Example: We've used up all the milk; we need to buy more.

Wait on - Serve someone in a restaurant or attend to their needs.

Example: The waiter waited on us attentively throughout the meal.

Wipe out - Completely destroy or eliminate something.

Example: The tsunami wiped out entire villages along the coast.

Work out - Exercise or resolve a problem through effort or negotiation.

Example: They need to work out their differences before they can move forward.

Write down - Record or note something in writing.

Example: Don't forget to write down the details of the meeting.

**GROUP-8**

Act upon - to take action based on something

Example: She decided to act upon the advice given by her mentor.

Add up - to make sense; to calculate

Example: The numbers don't add up in this report.

Back down - to withdraw from a position or a claim

Example: He refused to back down in the argument.

Bear with - to be patient with someone or something

Example: Please bear with me while I try to fix this issue.

Blow away - to impress greatly

Example: Her performance at the concert blew away the audience.

Blow over - to pass without causing much damage or trouble

Example: Hopefully, this disagreement will blow over soon.

Break in - to enter a building unlawfully

Example: Someone tried to break in while we were away.

Bring about - to cause something to happen

Example: The new policies brought about significant changes in the company.

Bring forward - to move something to an earlier time or date

Example: They decided to bring forward the meeting to accommodate everyone's schedule.

Bring in - to introduce or implement something new

Example: The company decided to bring in a new policy regarding remote work.

Bring up - to raise a topic or subject for discussion

Example: She brought up an interesting point during the meeting.

Brush off - to dismiss or ignore someone or something

Example: He brushed off her comments as irrelevant.

Butt in - to interrupt or interfere in a conversation or situation

Example: Please don't butt in while I'm talking.

Call back - to return a phone call

Example: I'll call you back as soon as I finish this task.

Call for - to require or demand something

Example: The situation calls for immediate action.

Call in - to request someone's presence or assistance

Example: We had to call in a plumber to fix the leak.

Call off - to cancel something

Example: The picnic was called off due to bad weather.

Call out - to challenge or criticize someone publicly

Example: He called out the politician for his dishonesty.

Carry away - to become overly excited or emotional

Example: The crowd was carried away by the singer's performance.

Carry on - to continue doing something

Example: Despite the challenges, they decided to carry on with their project.

Carry out - to perform or complete a task or action

Example: The committee will carry out an investigation into the matter.

Catch on - to understand or become popular

Example: The new trend is starting to catch on among young people.

Check in - to register at a hotel or airport

Example: We need to check in at the hotel before 3 p.m.

Check off - to mark something as completed or verified

Example: I'll check off each item on the list as we finish it.

Check out - to investigate or examine something

Example: You should check out the new restaurant downtown.

Check up on - to verify or inspect something or someone

Example: She decided to check up on her elderly neighbor to make sure she was okay.

Clean out - to remove all contents or clean thoroughly

Example: We need to clean out the garage before winter sets in.

Clean up - to make something tidy or orderly

Example: Please clean up the kitchen after you finish cooking.

Clear away - to remove or tidy up items or clutter

Example: Let's clear away these dishes before we start the next course.

Clear out - to leave or evacuate a place

Example: Everyone was asked to clear out of the building during the fire drill.

Close down - to cease operations permanently

Example: The factory was forced to close down due to financial difficulties.

Come across - to encounter or find something unexpectedly

Example: I came across an old photo album while cleaning out the attic.

Come along - to make progress or advance

Example: How is your project coming along?

Come by - to obtain or acquire something, often unexpectedly

Example: I came by this rare book at a garage sale.

Come up with - to produce or create something, especially an idea or solution

Example: We need to come up with a plan to increase sales.

Count on - to rely or depend on someone or something

Example: You can count on me to help you with your project.

Count out - to exclude someone or something from consideration

Example: Don't count her out just yet; she still has a chance to win.

Cut back - to reduce the amount or extent of something

Example: We need to cut back on expenses to stay within budget.

Cut down - to reduce the number or amount of something

Example: He decided to cut down on his sugar intake for better health.

Cut in - to interrupt or join a conversation or activity unexpectedly

Example: She cut in while we were discussing our plans.

Cut off - to disconnect or stop the flow of something

Example: The phone call was cut off suddenly.

Deal out - to distribute or allocate something

Example: He dealt out playing cards to each player.

Deal with - to handle or address a situation or problem

Example: We need to deal with this issue before it gets out of hand.

Die down - to gradually become less intense or severe

Example: The storm finally died down after several hours.

Die off - to decrease in number or disappear gradually

Example: The population of the endangered species has been dying off.

Drop by - to visit someone briefly and informally

Example: Feel free to drop by my office anytime.

Drop off - to deliver or leave someone or something at a specific location

Example: Can you drop off these documents at the post office on your way home?

Drop out - to withdraw from something, such as a competition or school

Example: He decided to drop out of the race due to injury.

Fall apart - to disintegrate or break into pieces

Example: The old book fell apart when I tried to open it.

Fall back - to retreat or move backward

Example: The troops were forced to fall back due to heavy enemy fire.

**GROUP-9**

Fall behind - to lag or fail to keep up with others

Example: She fell behind in her studies after missing several classes.

Fall through - to fail to happen or be completed as planned

Example: Their plans to travel together fell through due to conflicting schedules.

Figure out - to understand or solve something

Example: It took me a while to figure out the solution to the puzzle.

Fill in - to complete a form or provide missing information

Example: Please fill in your details on the registration form.

Fill out - to complete a form by adding required information

Example: Don't forget to fill out the application before submitting it.

Find out - to discover or learn something

Example: She found out about the surprise party before it happened.

Get across - to communicate or convey an idea effectively

Example: It's important to find the right words to get your message across.

Get along - to have a good relationship or rapport with someone

Example: Despite their differences, they manage to get along well.

Get around - to move from place to place, especially despite obstacles

Example: She gets around using a wheelchair due to her disability.

Get away - to escape or take a break from a routine or stressful situation

Example: We decided to get away for the weekend to relax.

Get back - to return to a place or a previous state

Example: I need to get back to work after my lunch break.

Get by - to manage or survive with the resources available

Example: Despite the financial difficulties, they managed to get by.

Get over - to recover from an illness, setback, or emotional distress

Example: It took her a long time to get over the loss of her pet.

Give away - to donate or distribute something for free

Example: They decided to give away their old furniture to charity.

Give back - to return something to its rightful owner

Example: She promised to give back the money as soon as she could.

Give in - to surrender or yield to someone or something

Example: Despite his reluctance, he eventually gave in to their demands.

Give off - to emit or release something, such as heat or odor

Example: The flowers gave off a pleasant fragrance.

Give out - to distribute or provide something to a group of people

Example: The teacher gave out worksheets for the students to complete.

Give up - to surrender or cease trying to achieve something

Example: Don't give up on your dreams, no matter how challenging it gets.

Go ahead - to proceed or continue with something

Example: You have my permission to go ahead with the project.

Go back - to return to a previous point in time or place

Example: Let's go back to the beginning and start over.

Go over - to review or examine something thoroughly

Example: We need to go over the details of the contract before signing it.

Go through - to experience or endure something, often difficult or challenging

Example: She's going through a tough time right now.

Go under - to fail or go bankrupt

Example: The company went under due to mismanagement.

Go with - to choose or accept something as an option

Example: I think the blue shirt goes well with your jeans.

Grow apart - to gradually become less close or connected to someone

Example: Over the years, they grew apart due to their different interests.

Grow into - to develop or mature into something over time

Example: He needs to grow into his new role as team leader.

Grow out of - to outgrow or no longer exhibit a behavior or interest

Example: Most children grow out of their fear of the dark.

Grow up - to mature or become an adult

Example: She needs to grow up and take responsibility for her actions.

Hand down - to pass or transmit something to the next generation

Example: The tradition has been handed down through the generations.

Hand in - to submit or deliver something, usually as a requirement

Example: Don't forget to hand in your assignment by the deadline.

Hand out - to distribute something to a group of people

Example: She handed out flyers to promote the event.

Hang around - to spend time in a place without any specific purpose

Example: Teenagers like to hang around the mall on weekends.

Hang on - to wait or hold on, often used as an imperative

Example: Hang on a minute, I'll be right back.

Hang up - to end a phone call by replacing the receiver

Example: She hung up before I could finish my sentence.

Hold back - to restrain or refrain from doing something

Example: She held back her tears until she was alone.

Hold down - to keep a job or position

Example: He's been able to hold down a steady job for several years now.

Hold on - to wait or pause

Example: Hold on tight while we ride the roller coaster!

Hold up - to delay or hinder progress

Example: Traffic accidents can hold up your commute to work.

Keep away - to stay at a distance from someone or something

Example: Keep away from the edge of the cliff; it's dangerous.

Keep back - to hold something in reserve or hide it

Example: She kept back some of her savings for emergencies.

Keep on - to continue doing something

Example: Despite the challenges, she kept on pursuing her dreams.

Keep up - to maintain the same pace or level as someone or something

Example: It's hard to keep up with all the latest technology trends.

Let down - to disappoint someone by failing to meet expectations

Example: He felt let down when his favorite team lost the championship.

Let in - to allow someone to enter a place

Example: The security guard refused to let them in without proper identification.

Let off - to excuse or forgive someone for a mistake or offense

Example: The judge decided to let him off with a warning.

Look after - to take care of or be responsible for someone or something

Example: She looks after her younger siblings while their parents are at work.

Look for - to search or seek out something

Example: Have you seen my keys? I've been looking for them everywhere.

**GROUP-10**

Lay off - to terminate someone's employment, especially due to economic reasons

Example: The company had to lay off several employees due to budget cuts.

Let in - to allow someone to enter a place

Example: Please open the door and let in some fresh air.

Light up - to illuminate or brighten with light

Example: The city skyline lights up beautifully at night.

Line up - to arrange in a straight line or in an orderly manner

Example: The students were asked to line up outside the classroom.

Live up to - to fulfill or meet expectations or standards

Example: He always tries to live up to his parents' high expectations.

Lock in - to secure or confine something or someone

Example: Once you make a decision, you're locked into the contract.

Look down on - to view someone or something with disdain or contempt

Example: He always looked down on people who didn't share his interests.

Look forward to - to anticipate or await something with pleasure

Example: I'm looking forward to our vacation next month.

Look up - to search for information in a reference source

Example: If you don't know the meaning of a word, you can always look it up in the dictionary.

Make up for - to compensate for a deficiency or loss

Example: I'll work extra hours this week to make up for the time I missed.

Make up - to reconcile after an argument or disagreement

Example: They finally made up after not speaking to each other for weeks.

Mark down - to reduce the price of something

Example: The store marked down the prices of winter coats at the end of the season.

Measure up - to be equal to a standard or expectation

Example: His performance didn't measure up to what we were expecting.

Mix up - to confuse or mistake one thing for another

Example: I always mix up their names because they look so similar.

Move on - to progress or advance to a new stage or situation

Example: It's time for us to move on and start fresh.

Opt out - to choose not to participate in something

Example: She decided to opt out of the volunteer project due to other commitments.

Phase out - to gradually discontinue or reduce something over time

Example: The company plans to phase out the old model and introduce a new one.

Play down - to minimize the importance or significance of something

Example: The manager tried to play down the impact of the budget cuts on morale.

Point out - to draw attention to something or someone

Example: She pointed out the mistake in the report during the meeting.

Pull off - to accomplish or achieve something successfully, often despite difficulties

Example: Despite the odds, they managed to pull off a surprise victory.

Pull through - to recover from a difficult or challenging situation

Example: With proper treatment, she should pull through this illness.

Put away - to tidy up or store something in its proper place

Example: Please put away your toys before dinner.

Put off - to postpone or delay something

Example: They decided to put off their vacation until next year.

Put up with - to tolerate or endure something unpleasant

Example: I don't know how she puts up with his behavior.

Rule out - to eliminate or exclude a possibility or option

Example: The doctor ruled out food poisoning as the cause of her symptoms.

Run into - to encounter someone unexpectedly

Example: I ran into an old friend at the grocery store yesterday.

Run out of - to exhaust the supply of something

Example: We ran out of milk, so I need to go to the store.

Save up - to accumulate money over time for a specific purpose

Example: I'm saving up for a new car.

Set aside - to reserve or save something for a particular purpose

Example: She set aside some money for emergencies.

Set off - to begin a journey or trip

Example: We'll set off early in the morning to avoid traffic.

Set up - to establish or arrange something

Example: They set up a meeting to discuss the new project.

Show off - to display one's abilities or possessions in a boastful manner

Example: He's always showing off his new gadgets.

Shut down - to close permanently or temporarily

Example: The factory shut down due to lack of demand.

Slow down - to reduce speed or pace

Example: You need to slow down; you're driving too fast.

Sort out - to organize or resolve a problem

Example: Let's sit down and sort out this misunderstanding.

Speak up - to express one's opinion or viewpoint more loudly or clearly

Example: Don't be afraid to speak up if you have something to say.

Stand out - to be noticeable or conspicuous

Example: Her talent really stands out in a crowded field.

Stand up for - to support or defend someone or something

Example: She always stands up for what she believes in.

Stay away - to avoid going near someone or something

Example: It's best to stay away from wild animals in their natural habitat.

Stick around - to remain in a place or wait for something to happen

Example: I'll stick around until you're finished with your appointment.

Take after - to resemble a parent or relative in appearance or behavior

Example: She takes after her mother in terms of her artistic talent.

Take apart - to disassemble or dismantle something

Example: He took apart the engine to see what was causing the problem.

Take back - to retract or withdraw something said or done

Example: I didn't mean to offend you; please take back what I said.

Take down - to remove something from a higher position

Example: We need to take down the decorations after the party.

Take in - to comprehend or understand information

Example: It takes a while to take in the complexities of the situation.

Take off - to become successful or popular quickly

Example: The new product really took off in the market.

Take over - to assume control or responsibility for something

Example: The new CEO will take over the company next month.

**GROUP-11**

Talk down to - to speak to someone in a condescending or patronizing manner

Example: I don't appreciate it when you talk down to me like I'm a child.

Talk over - to discuss something thoroughly with someone

Example: Let's talk over the details before making a decision.

Tear down - to demolish or destroy a building or structure

Example: They plan to tear down the old building and construct a new one.

Think over - to consider carefully before making a decision

Example: I need some time to think over your offer before giving you an answer.

Think up - to invent or create something, especially an idea or solution

Example: She's always thinking up innovative ways to solve problems.

Throw away - to discard or dispose of something

Example: Don't throw away that old furniture; we can donate it to charity.

Throw out - to eject or remove someone or something forcefully

Example: He was thrown out of the bar for causing a disturbance.

Track down - to find or locate someone or something after searching

Example: The detective was able to track down the missing heir.

Try on - to test or experiment with clothing or accessories by wearing them

Example: I need to try on these jeans before deciding whether to buy them.

Try out - to test or experiment with something to see how it works

Example: She decided to try out a new recipe for dinner.

Turn around - to change direction or reverse a trend

Example: The company's fortunes began to turn around after the new CEO took over.

Turn away - to refuse entry or deny access to someone

Example: The club turned away anyone who didn't have a valid ID.

Turn down - to reject or refuse something, such as an offer or request

Example: Unfortunately, they turned down my application for the job.

Turn in - to go to bed or go to sleep

Example: It's getting late; I think it's time to turn in for the night.

Turn into - to transform or change into something else

Example: The caterpillar will soon turn into a butterfly.

Turn off - to switch off or deactivate a device or appliance

Example: Don't forget to turn off the lights before leaving the room.

Turn on - to switch on or activate a device or appliance

Example: Can you turn on the fan? It's getting hot in here.

Turn out - to attend an event or gathering

Example: A large crowd turned out for the concert in the park.

Turn up - to appear or arrive unexpectedly

Example: He turned up at the party even though he wasn't invited.

Wait on - to serve or attend to someone, especially as a waiter or waitress

Example: The waiter waited on us attentively throughout the meal.

Walk out - to leave suddenly and unexpectedly, especially as a form of protest

Example: The workers threatened to walk out if their demands weren't met.

Warm up - to increase in temperature or become warmer

Example: I need to warm up by the fire after being outside in the cold.

Wash up - to clean one's hands or body, especially before eating

Example: Remember to wash up before dinner.

Wear off - to gradually diminish or disappear over time

Example: The effects of the medication will wear off in a few hours.

Wear out - to become exhausted or fatigued

Example: Playing outside all day wore the children out.

Weigh down - to burden or oppress someone with a heavy load, physically or emotionally

Example: The stress of the situation weighed her down heavily.

Whip up - to quickly prepare or produce something, often food

Example: She whipped up a delicious meal in just half an hour.

Wipe out - to eliminate or destroy completely

Example: The tsunami wiped out entire villages along the coast.

Work out - to exercise or engage in physical activity

Example: I try to work out at the gym three times a week.

Write down - to make a written note or record of something

Example: Don't forget to write down the meeting time in your calendar.

Write off - to consider something as a loss or failure

Example: After multiple attempts to repair it, they finally wrote off the old car.

Zero in on - to focus or concentrate on something specific

Example: The detective zeroed in on the key piece of evidence**.**